# With a little help you can return home.

Money Follows the Person (MFP) Program.









It's true, there's no place like home. But what if a major health event takes you out of your home. Maybe you had to go to a nursing home after a hospital stay. Did a short stay in a nursing home become permanent? Did you sell your home and belongings and don't have a home to go back to? Have you given up on going home because it does not seem possible?

# A program called Money Follows the Person (MFP) can help get you home.

If you live in a nursing home, the Money Follows the Person (MFP) program may be able to help you move home. The state of Kansas received grant money from The Centers for Medicare and Medicaid Services (CMS). This money is used to help people move out of nursing homes. The MFP provides Transition Coordination Services. That means the program will pay someone to help you with each step. It covers things like:

- Finding an apartment or assisted living facility.
- Filling out apartment applications.
- Getting all the legal documents you need to move into the community.
- Paying up to a certain amount for household items. You may need furniture, kitchen utensils, pots and pans, and bedding.
- Paying up to a certain amount to make changes to your home. You may need a wheelchair ramp or wider door ways. The bathroom may need more space for grab bars for the tub or toilet.
- Paying security deposits.
- Finding the personal care that you need.
   Care may include help with bathing, going to the bathroom, meals and housekeeping.

#### Question:

## How do I know if I am eligible for MFP?

You may eligible if you:

- Live in a nursing facility or an intellectual developmental disability institution.
- Have been in an institution for 90 days in a row without having to go to a hospital or skilled nursing facility that was paid for by Medicare.
- Qualified for Medicaid one day prior to receiving MFP services.
- Meet the functional eligibility for Medicaid Home and Community Based Services (HCBS) waiver.

#### **Question:**

### Who can qualify for the MFP program?

You may qualify if you are Medicaid eligible and qualify for one of these waivers:

- Frail Elderly (65 years old and older)
- Physically Disabled
- Traumatic Brain Injury
- Intellectual/Developmental Disabilities



### **Question:**

# What is Home and Community Based Services (HCBS)?

Many people who qualify for MFP are also eligible for Kansas Medicaid's Home and Community Based Services (HCBS). The Aging and Disability Resource Center can tell you more about HCBS. This program helps you pay for your personal care needs in your home. It can also help you get an emergency response system.

#### **Question:**

## Where can I live after I leave the nursing home?

MFP gives you these options for where you can live. Each waiver has rules for these options.

- A home owned or leased by you or your relative.
- A leased apartment or property, with doors that lock. The apartment or property must have living, sleeping and cooking areas.
- A community type home that is shared by no more than three unrelated people.
- An approved assisted living facility for Frail Elderly and Physically Disabled.

### **Question:**

# What kind of support will I receive to help me once I go home?

If you are a member of UnitedHealthcare, you will have a Care Coordinator. The Care Coordinator will visit you on a regular basis. You may also call your Care Coordinator during normal business hours if you have a question. UnitedHealthcare Care Coordinators are there to help you succeed.

The Aging and Disability Resource
Center can tell you more about Home
and Community Based Services.
They can help you know if you qualify.
If you are a UnitedHealthcare KanCare
member, call Member Services at
1-877-542-9238, TTY 711.



# Who can advise me?

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# Kansas Aging and Disability Resource Centers (ADRC)

New England Building 503 S. Kansas Ave. Topeka, KS 66603-3404

**Phone:** (855) 200-ADRC (2372)

from 8 a.m. to 5 p.m., Monday through Friday

Website: www.kdads.ks.gov/

#### **MFP** Website

www.kdads.ks.gov/CSP/MFP/MFP\_Index.html

#### **UnitedHealthcare Member Services**

**Phone**: 1-877-542-9238 or TTY# 711

from 8 a.m. to 6 p.m., Monday through Friday.

Website: UHCCommunityPlan.com



